

A photograph of a man and a young girl sitting on a light-colored rug, looking down at an open book. The man, on the left, is wearing a light blue button-down shirt and has a gentle smile. The girl, on the right, is wearing a yellow shirt and is looking intently at the book. The background is softly blurred, showing a white sofa and a green plant.

Crossroads4Hope's **Book Lists**

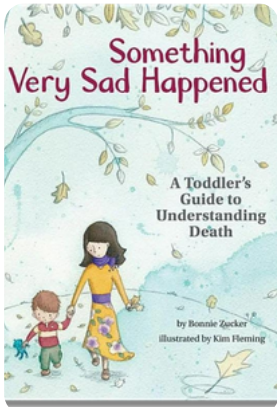
For Children, Teens and Parents

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Emotional Expression Workbooks



Intended for Ages 2-4

Something Very Sad Happened | Bonnie Zucker & Kim Fleming

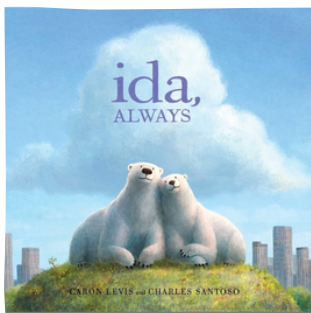
This personalized book talks about death in a way young children will understand.



Intended for Ages 3-7

The Invisible String | Patrice Karst

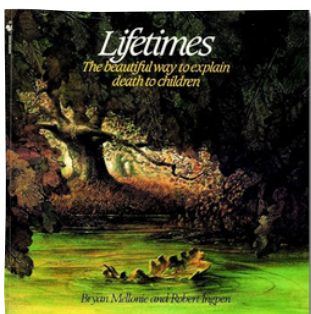
This heartwarming picture book for all ages explores questions about the intangible yet unbreakable connections between us, and opens up deeper conversations about love.



Intended for Ages 4-10

Ida, Always | Caron Levis & Charles Santoso

This book is an exquisitely told story of two best friends—inspired by a real bear friendship—and a gentle, moving, needed reminder that loved ones lost will stay in our hearts, always.

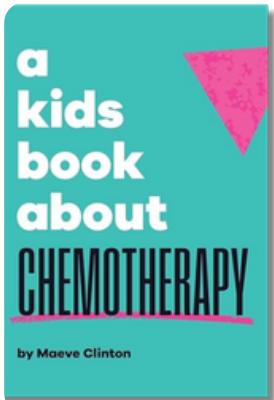


Intended for Ages 5-10

Lifetimes: The Beautiful Way to Explain Death to Children | Bryan Mellonie & Robert Ingpen

With large, wonderful illustrations, it tells about plants. About animals. About people. It tells that dying is as much a part of living as being born.

Books about Death/ Grief



Intended for Ages 5-11

A Kids Book about Chemotherapy | Maeve Clinton

This author is here to encourage you to ask big questions and guide you through what your person might experience while going through chemotherapy.



Intended for Ages 5-11

A Kids Book about Death | Taryn Schuelke

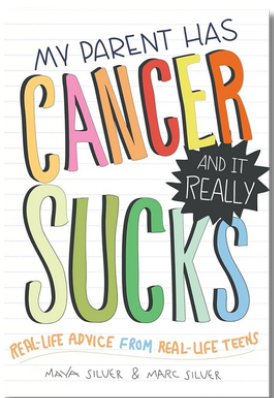
It explains the practical aspects of death and gracefully navigates the nuances of emotion and community that surround something we all experience.



Intended for Ages 6-12

A Kids Book about Grief | Brennan C. Wood

This book takes the big experience of grief and normalizes it in a way that children will understand.



Intended for Ages 12-16

My Parent Has Cancer and It Really Sucks | Marc & Maya Silver

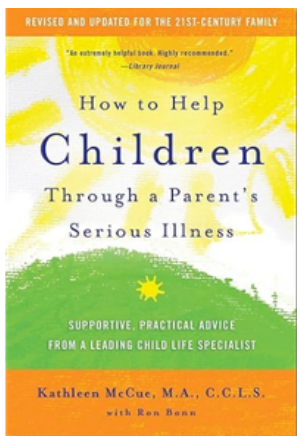
This is filled with advice from dozens of medical professionals and real stories from 100 teens all going through a loved one having cancer.

Parent Books about Death/ Grief



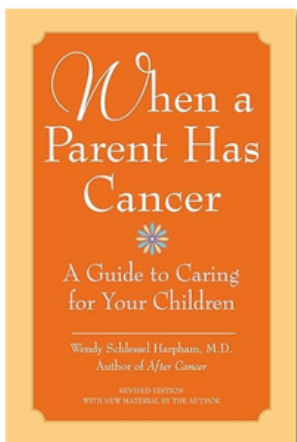
When Families Grieve/Familias En La Aflicción | Sesame Street

Sesame Street When Families Grieve Booklet & DVD Kit.



How to Help Children Through a Parent's Serious Illness | Kathleen McCue

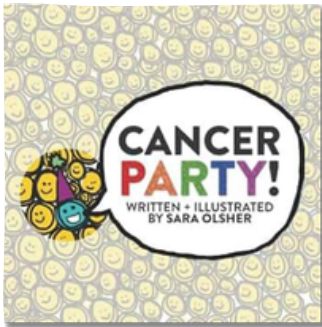
This continues to be a go-to book for supportive, practical advice, based on the lifetime experience and clinical practice of one of America 's leading child life practitioners.



When a Parent Has Cancer: A Guide to Caring for Your Children | Wendy S. Harpham

This offers clear, direct, and sympathetic advice for parents challenged with the task of raising normal, healthy children while they struggle with a potentially life-threatening disease.

Books about Cancer



Intended for Ages 4-9

Cancer Party! | Sara S. Olsher

Cancer Party! helps families address the physical impact cancer treatment has on a patient and their child, helps kids understand what to expect, and assures them that cancer isn't their fault.



Intended for Ages 5-11

A Kids Book About Cancer | Dr. Kelsie Storm & Sarah Porter

This book aims to take away the fear around cancer and give a basic understanding to grownups and kids.

Intended for Ages 5-11

What Happens When a Kid Has Cancer (Series) | Sarah S. Olsher

Mia and her stuffed giraffe Stuart examples how a child's diagnosis and treatment affects their day-to-day life.



Workbooks about Death/ Grief



Intended for Ages 5-9

Oodles of Doodles: Spanish | Art With Heart

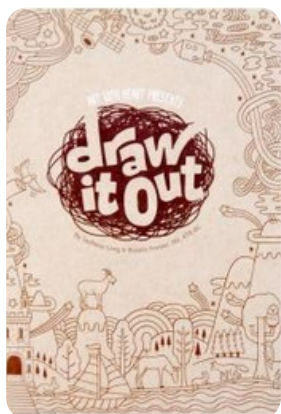
This workbook provides an emotional outlet to children facing hospitalization in the Spanish language.



Intended for Ages 5-8

Magnificent Marvelous Me! - Art With Heart

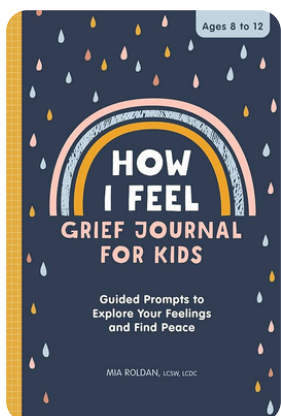
This is filled with social emotional learning activities, children will learn strategies to build healthy connections and communication through creative expression.



Intended for Ages 8-11

Draw It Out | Steffanie Lorig & Rosalie Frankel

This therapeutic activity book is for children with big emotions. The age-appropriate, prompts serve as a springboard for courageous conversations.



Intended for Ages 8-12

How I Feel: Grief Journal for Kids | Mia Roldan

This guided journal is filled with prompts and exercises that encourage kids to explore their emotions, find comfort and peace, and hold their memories close to their heart forever.

Workbooks about Death/ Grief



Intended for Ages 11-14

Ink About It | Art With Heart

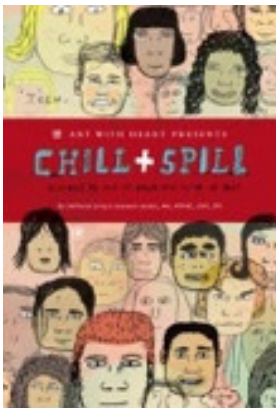
It is a therapeutic activity book that uses creative expression to help middle school youth cope with difficult circumstances.



Intended for Ages 12-18

Wreck This Journal | Keri Smith

This is a subversive illustrated book that challenges readers to muster up their best mistake- and mess-making abilities to fill the pages of the book—or destroy them.



Intended for Ages 14-18

Chill and Spill | Steffanie Lorig & Jeanean Jacobs

This workbook helps young people find words to express the difficult issues they are facing while promoting positive social and emotional learning skills.



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