



Breast Cancer Fact Sheet



FACTS

- Breast cancer accounts for **30% of all new female cancers** each year.
- There is a **1 in 8 chance** a woman will develop breast cancer sometime in her lifetime.
- Breast cancer is the **second leading** cause of cancer in women.
- The **psychological dysfunction** rate in female breast cancer patients was found to range from **30-47%**
- There are **more than 4 million** breast cancer survivors in the United States.
- When breast cancer is **detected early** the 5 year relative survival rate is **99%**.

ABOUT US

Our mission is to reach all people impacted by cancer - those diagnosed, their loved ones, and caregivers - so that no one faces cancer alone.

All our programs and services are FREE to our members.

FAQ

- **Symptoms of breast cancer** include: swelling in the breast area, breast or nipple pain, irritation on breast skin, and nipple discharge.
- **Breast cancer screenings** are recommended every year from ages 40-54, every 2 years after the age of 55.
- You can **cope with the emotional and social effects** of breast cancer by participating in support groups, mindfulness and wellness activities, and educational programs - which we **offer for free** here at **Crossroads4Hope**.

OUR FREE SERVICES

- **MyGo2Support:** our mobile engagement program
- Individual and group **support groups**
- Mindfulness Programs including: **yoga, meditation, T'ai Chi Chih**
- **Nutritional Classes**
- **Health Champions Program**