



Crossroads4Hope
A NETWORK OF CANCER SUPPORT
Taking On Your Cancer Journey. Together.®



INDIVIDUAL & FAMILY SUPPORT

How Can Our Team Support You?

A Welcome Space

Openly express the impact of cancer on your personal and professional life in a supportive and non-judgemental space.

Build a Coping Toolkit

Enhance existing coping strategies or develop new ones, such as learning effective ways to manage stress, anxiety and other emotions.

Decision Support

Craft lists of specific questions for your healthcare team to feel empowered and informed in your treatment decisions and overall health outcomes.

Grief Support

Receive support during the grieving process, navigating complex emotions and finding ways to honor your loved ones.

Educate About Cancer

Cancer is complex. We assist individuals of all ages in understanding what is happening in their own bodies or the body of a loved one in a way that is accessible and clear by utilizing resources such as books, videos, hands-on models, and more.

Resource Navigation

Navigating resources during a cancer diagnosis can be challenging. Our team can assist with finding the support you need.

Family Intervention

Participate in family discussions, led by a Mental Health Professional, aimed at fostering communication and understanding within your family unit, with support tailored for both children and adults

End of Life Conversations

Learn how to have open and honest discussions with loved ones about end-of-life wishes, concerns and legacy, ensuring your voice is heard and your loved ones are supported.

Empower & Coach Parents

Understand your child's developmental needs as your family navigates a cancer diagnosis. We provide guidance on sharing the diagnosis with your child(ren) and creating bonding opportunities, working with each parent to prioritize what matters most

Contact Kyle Jachim, MSW, LSW, OSW-C
at kjachim@crossroads4hope.org
to schedule a session with a
Mental Health Professional today!